

# Things to do with your child at home

**Here are some things you can do with your child at home to support them getting ready for school.**

Go for a walk with your child to the park or the shops. Talk about what you can see and hear around you.



Read a story book with your child before bed time. What happens in the beginning and the end of the story? Talk about the characters. What is your favourite part?



Sing a song or a nursery rhyme with your child and encourage them to join in. Can they join in with any actions?



Encourage your child to use a knife and fork by themselves when eating their dinner. Encourage them to ask for help if they need it.



Remind your child to wash their hands with soap before they eat and after using the toilet.



Encourage your child to try to put their own clothes on in the morning. Teach your child to put their coat and shoes on by themselves.



Play lots of games with your child. What is their favourite game to play?



Spend time talking, listening and playing with your child before they start their school life.

