



PSHE: Coverage & Progression
Year 4



Aim	<p>The PSHE curriculum is built to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life. Together with a focus on 'Modern Britain', which helps pupils 'develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain'</p> <p>Pupils will also be taught through three underlying core themes, within which there will be broad overlap and flexibility: 1. Health and Wellbeing, 2. Relationships 3. Living in the Wider World</p> <p>Healthy Lifestyles • Hygiene • Changing and Growing • Emotions • Keeping Safe • Communication • Bullying • Fairness • Family and Friends • Rules and Responsibilities • Communities • Money and Finance</p>	
	First Half Term	Second Half Term
Advent	<p>Core Theme 2 Unit 3 LESSON 1: Reactions - Frustrations Core Theme 2 Unit 3 LESSON 2: Self Worth – I'm a Marvel! Core Theme 2 Unit 3 LESSON 3: Persistence and Resilience – Don't Give Up Core Theme 2 Unit 3 LESSON 4: Negative Persistence – Over and Over</p>	<p>Core Theme 1 Unit 5 LESSON 3: Loss/ Separation – Left Behind Core Theme 1 Unit 5 LESSON 4: Family Changes – 2 Homes Core Theme 2 Unit 5 LESSON 1: Friendship – Best Features Core Theme 2 Unit 5 LESSON 2: Friendship – Circles Time Core Theme 2 Unit 5 LESSON 3: Friendship – The BAFAs</p>
Lent	<p>Core Theme 2 Unit 1 LESSON 1: Clear Messages – Dot Dot Dash Core Theme 2 Unit 1 LESSON 2: How to Listen – Listen Up! Core Theme 2 Unit 1 LESSON 3: Responding To Others – Agony Aunts Core Theme 2 Unit 1 LESSON 4: Expressing Opinions – It's Debatable</p>	<p>Core Theme 2 Unit 2 LESSON 3: Shared Goals – Better Places Core Theme 3 Unit 2 LESSON 1: Different Communities – My Communities – My Community Core Theme 3 Unit 2 LESSON 2: School Communities – School Swap Core Theme 2 Unit 2 LESSON 1-5: Extremism & Radicalisation</p>
Pentecost	<p>Core Theme 1 Unit 4 LESSON 1: Identified Strengths – I'm Good At That! Core Theme 1 Unit 4 LESSON 2: Identified Strengths – Future Me Core Theme 1 Unit 4 LESSON 3: Setting Goals – That's my Goal! Core Theme 1 Unit 4 LESSON 4: Setting Goals – The Impossible Dream</p>	<p>RSE - Lesson 1 Growing and Changing RSE - Lesson 2 What is Puberty RSE - Lesson 3 Puberty Changes and Reproduction Core Theme 2 Unit 2 LESSON 1: Working Together – Name Game Core Theme 2 Unit 2 LESSON 2: Working Together – Build It Up Core Theme 3 Unit 3 LESSON 1: Gender Stereotypes – His and Hers</p>