



PSHE: Coverage & Progression
Year 3



Aim	<p>The PSHE curriculum is built to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life. Together with a focus on 'Modern Britain', which helps pupils 'develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain'</p> <p>Pupils will also be taught through three underlying core themes, within which there will be broad overlap and flexibility: 1. Health and Wellbeing, 2. Relationships 3. Living in the Wider World</p> <p>Healthy Lifestyles • Hygiene • Changing and Growing • Emotions • Keeping Safe • Communication • Bullying • Fairness • Family and Friends • Rules and Responsibilities • Communities • Money and Finance</p>	
	First Half Term	Second Half Term
Advent	<p>Core Theme 1 Unit 6 LESSON 1: E-Safety – Online Chat Core Theme 1 Unit 6 LESSON 2: Online Privacy – The Secrets Jar Core Theme 1 Unit 6 LESSON 3: Online Privacy – E-Protection Core Theme 1 Unit 6 LESSON 4: Online Privacy – Its Personal Core Theme 3 Unit 1 LESSON 1: Rules – I'm In Charge Core Theme 3 Unit 1 LESSON 2: Thinking Ahead – Lesson Planning Core Theme 3 Unit 1 LESSON 3: Taking The LEAD – Learning Time</p>	<p>Core Theme 1 Unit 5 LESSON 1: Loss/ Separation – Lost! Core Theme 1 Unit 5 LESSON 2: Loss / Separation – Found Core Theme 3 Unit 4 LESSON 1: Money Choices – A Million Dollars Core Theme 3 Unit 4 LESSON 2: Managing Money – Design Choices</p>
Lent	<p>Core Theme 1 Unit 3 LESSON 1: A Balanced Diet – Plant or Animal Core Theme 1 Unit 3 LESSON 2: A Balanced Diet – Balancing Act Core Theme 1 Unit 3 LESSON 3: Working With Food – Master Chef Core Theme 1 Unit 3 LESSON 4: Working With Food – Our Food Hall</p>	<p>Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental – I Am Who I Am Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental – Hearts & Minds Core Theme 1 Unit 1 LESSON 3: Physical, Emotional and Mental – Three In One Core Theme 1 Unit 2 LESSON 1: A Balanced Approach – Define Healthy Core Theme 1 Unit 2 LESSON 2: Physical Exercise – Active Kids Core Theme 1 Unit 2 LESSON 3: Lifestyle Choices – It's Your choice Core Theme 2 Unit 2 LESSON 1-5: Extremism & Radicalisation</p>
Pentecost	<p>Core Theme 1 Unit 7 LESSON 1: Before Puberty = You've Grown! Core Theme 1 Unit 7 LESSON 2: Visible Changes – Mind The Gap Core Theme 1 Unit 8 LESSON 1: How To Help – Who To Call Core Theme 1 Unit 8 LESSON 2: Emergency Calling – Calling 999 Core Theme 1 Unit 8 LESSON 3: Emergency Calls – Ambulance Now!</p>	<p>RSE - Lesson 1 Differences: Male and Female RSE - Lesson 2 Personal Space RSE - Lesson 3 Family Differences Core Theme 2 Unit 4 LESSON 1: Connections – Paper Chains Core Theme 2 Unit 4 LESSON 3: Religious Views – Faith Findings Core Theme 2 Unit 4 LESSON 4: Celebrate Diversity – Inside Outside</p>