



**PSHE: Coverage & Progression**  
**Year 2**



<b>Aim</b>	<p>The PSHE curriculum is built to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life. Together with a focus on 'Modern Britain', which helps pupils 'develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain'</p> <p>Pupils will also be taught through three underlying core themes, within which there will be broad overlap and flexibility: 1. Health and Wellbeing, 2. Relationships 3. Living in the Wider World</p> <p>Healthy Lifestyles • Hygiene • Changing and Growing • Emotions • Keeping Safe • Communication • Bullying • Fairness • Family and Friends • Rules and Responsibilities • Communities • Money and Finance</p>	
	<b>First Half Term</b>	<b>Second Half Term</b>
<b>Advent</b>	<p>Core Theme 1 Unit 1 LESSON 3: Healthy Eating – Party Time! Core Theme 1 Unit 3 LESSON 5: Responsibility – Who's at fault Core Theme 3 Unit 1 LESSON 1: Rules / Expectations – We Expect... Core Theme 3 Unit 1 LESSON 2: Rules / Expectations – Class Charter Core Theme 3 Unit 1 LESSON 3: Taking Turns – It's Your Turn Core Theme 3 Unit 1 LESSON 4: Lending &amp; Borrowing – The Borrowers Core Theme 3 Unit 1 LESSON 5: Sharing-Share The Booty</p>	<p>Core Theme 2 Unit 4 LESSON 1: Friendship – Forever Friends! Core Theme 2 Unit 4 LESSON 2: Friendship – Make Friends Core Theme 2 Unit 4 LESSON 3: Friendship – Hola! Bonjour! Core Theme 2 Unit 4 LESSON 4: Friendship – Share Alike</p>
<b>Lent</b>	<p>Core Theme 1 Unit 4 LESSON 2: Anger Grr... Core Theme 1 Unit 4 LESSON 3: Love – Three Little Words Core Theme 1 Unit 4 LESSON 4: Sadness – How To Cope Core Theme 1 Unit 4 LESSON 5: Consequences – Good v Bad Core Theme 1 Unit 4 LESSON 6: Aspirations – It's a Goal!</p>	<p>Core Theme 3 Unit 2 LESSON 1: Our School – Common Goals Core Theme 3 Unit 2 LESSON 2: Belonging – I Belong Core Theme 3 Unit 2 LESSON 3: Belonging – Join Our Club Core Theme 3 Unit 2 LESSON 4: Local Citizenship – Our Local Area Core Theme 3 Unit 2 LESSON 4: Local Citizenship – Community Care Core Theme 1 Unit 5 LESSON 2: Road Safety – Green X Code Core Theme 1 Unit 5 LESSON 3: Drug Safety – Magic Medicine <b>Core Theme 3 Unit 2 LESSON 1-3: Extremism &amp; Radicalisation</b></p>
<b>Pentecost</b>	<p>RSE Lesson 1 - Differences Boys v girls RSE Lesson 2 - Differences: Male and Female RSE Lesson 3 - Naming the Body Parts Core Theme 1 Unit 1 LESSON 2: Healthy Eating – Meat Eaters Core Theme 1 Unit 1 LESSON 4: Physical Activity – Get Physical! Core Theme 1 Unit 1 LESSON 5: Physical Activity – Mighty Muscles Core Theme 1 Unit 1 LESSON 6: Exercise – Workout!</p>	<p>Core Theme 3 Unit 3 LESSON 1: Money – Growing On Trees Core Theme 3 Unit 3 LESSON 2: Money – Coining It In Core Theme 3 Unit 3 LESSON 3: Money – Keep Money Safe Core Theme 3 Unit 3 LESSON 4: Money – Shopping List Core Theme 3 Unit 3 LESSON 5: Choices – This or That Core Theme 3 Unit 3 LESSON 6: Enterprise – Dragons Den</p>