



Early Help At St Margaret of Scotland Catholic Primary School



What is Early Help?

Early Help is our approach to providing support to children and their families when problems arise in order to prevent them from becoming serious or harmful to the child, their family and community. When children and families need this extra support, they often need it quickly.

At St Margaret's, we offer a range of Early Help support and during a child's time at our school many of them, and their families, will access some form of Early Help.

What does Early Help for children include?

Support focusing on:

- Promoting self-esteem and confidence.
- Promoting positive behaviour and attitudes to learning.
- Support with developing positive relationships.
- Support with bereavement, family breakdown or other trauma.
- Promoting attendance
- Support with emotional regulation

What does Early Help for families include?

- Access to a variety of parent workshops in school.
- Providing support to promote good attendance.
- Assistance in completing paperwork and forms e.g. applications for school.
- Providing wraparound care.
- Advice and support in promoting positive behaviour at home.
- Providing information and signposting to other services in the local area.
- Liaising with a range of external services such as Family Partnership Service and health professionals.
- Referrals to professionals and organisations such as the Food Bank or the Hygiene Bank.
- Sign posting families to organisations who are better placed to support them than we are (see our Directory of Services).
- Holding Team Around the Family (TAF) meetings to support families by gaining a better understanding of the issues and working together to decide on the solutions and support needed.

Who provides Early Help support in school?

Early Help support is provided by a variety of staff across our school; however, it is usually overseen by Mrs Newman.

If a parent/carer approaches a staff member about Early Help support, they will discuss this with Mrs Newman to decide on next steps. She may be contacted through the school office on 01582 723430.

Where a referral to another professional is seen as beneficial, such as to the play therapist, Mental Health Support Team (MHST) or Family Partnership Support team, the school will either make the referral, once consent from parents/carers has been received or will work with the family to support the referral and next steps.



- ❖ Play therapy
- ❖ Hillrise Behaviour Provision
- ❖ Referrals to Luton All Women's Centre
- ❖ Salvation Army Christmas presents
- ❖ Educational Psychologist
- ❖ Speech Therapy
- ❖ MHST
- ❖ Team Around the Family (TAF) Meetings
 - ❖ Extra-Curricular Clubs
 - ❖ Quality First teaching
 - ❖ WrapAround Care
 - ❖ RHE Curriculum
 - ❖ Inclusive Practice
 - ❖ The Ark
 - ❖ Open door policy
 - ❖ Free fruit
 - ❖ Operation Encompass
 - ❖ Lunch Club
 - ❖ School Nurse
 - ❖ Family Worker
 - ❖ Transition support
 - ❖ Attendance Officer
 - ❖ Booster classes
- ❖ Online safety training for children, parents & staff
 - ❖ Parent workshops
 - ❖ Foodbank
 - ❖ Hygiene bank
 - ❖ Medical support
 - ❖ Referrals to other agencies
- ❖ Support for parents completing forms – DLA, FSM, High School application
 - ❖ Home visits
 - ❖ Minnie Vinnies

