

# MY FIRST DAY OF SCHOOL



READY  
FAMILIES

I start on: \_\_\_\_\_

\_\_\_\_\_

I will need:

UNIFORM



COAT

PE KIT



WATER BOTTLE



SNACK



LUNCH BOX



BOOK BAG

## TOP TIPS FOR BEFORE I START

Have a relaxing bath

Share a bedtime story   Set the alarm clock   Eat a healthy breakfast

Talk about school positively