

Can you name the different parts of the body?



# KNOWLEDGE MAP

Welcome back!

Advent 1



Prayer to learn:

Our Father

Our Father, Who art in Heaven, hallowed be thy name. Thy Kingdom come, Thy will be done on Earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



## Trips and dates

Whipsnade Zoo – 16.10.23

Half term – 23.10.23 – 27.10.23

## Science-Animals including humans

We have lots of senses that we use every day. Can you name the 5 senses and what we use them for?

**The Five Senses**

- Taste**: Illustration of a girl eating.
- Sight**: Illustration of a girl looking.
- Touch**: Illustration of a boy touching.
- Hearing**: Illustration of a boy listening.
- Smell**: Illustration of a boy smelling flowers.



Watch this!

Our PE days are Monday and Thursday. All children need to come into school wearing their PE kit on these days.

## PE

PE Kit:

- Dark green shorts
- White polo shirt
- Dark green/black jogging bottoms
- Dark green/black jumper
- White polo shirt
- Black trainers/plimsolls



Please could all children remember to bring in a water bottle to school.



Have a listen to this song all about animals. Can you sing along?

There are lots of animal groups in our world. How many animals groups can you name?

**Reptiles**  
Are cold-blooded. Live on land and in water. Have scales, ear holes and dry skin. Have skeletons on the inside of their bodies (but tortoises have one on the outside, too!). Lay eggs.

**Amphibians**  
Are cold-blooded. Live on land and water. Have moist skin and webbed feet. Have skeletons on the inside of their bodies. Lay eggs.

**Mammals**  
Are warm-blooded. Live on land and in water. Have hair or fur. Have skeletons on the inside of their bodies. Give birth to live babies which drink their mother's milk.

**Birds**  
Are warm-blooded. Live on land and water. Have feathers (unique to birds), wings and a beak. Have skeletons on the inside of their bodies. Lay eggs.

**Fish**  
Are cold-blooded. Live in water. Have fins to move and gills to breathe underwater. Have skeletons on the inside of their bodies. Lay eggs (in water).

## DT- Design, make and evaluate food

To understand and apply the principles of nutrition and learn how to cook.

Why is eating a balanced diet healthy?

How many food groups are there and can you name them?

In year 1 we will also be designing, making and evaluating a sandwich and a rice wrap.

What healthy fillers will you choose?

**Bread, rice, potatoes and pasta** are a source of carbohydrates, fibre and iron. Carbohydrates are our main source of energy and iron is important for our red blood cells.

**Fruit and vegetables** are a source of vitamins, minerals and fibre. Fibre helps you to go to the toilet regularly, while vitamins and minerals help to keep your body healthy and working efficiently.

**Meat, fish, eggs, beans** are a source of protein. Protein is needed to build and repair our hair, muscles, nerves, skin and nails.

**Milk and dairy** food are good sources of calcium and protein. They help to keep our bones and our teeth strong. Calcium helps your blood to clot when you have a cut.

**Fatty and sugary** food and drinks should make up the smallest amount of food we eat. Fat helps to transport some vitamins around our bodies and sugar is a source of energy.



WATCH ME

Key vocabulary to learn

**Carbohydrates**

Potatoes, pasta, rice and oats.

**Protein**

Fish, chicken, eggs, meat and beans.

**Dairy**

Milk, yogurt and cheese

**Fruits and Vegetables**

Apples, grapes, peas and carrots.

**Fats and Sugars**


Sugar, sweets and oil.



# Maths

Number bonds to 10 are pairs of numbers that, when added together, give the number 10. They can also be called 'number pairs'.

**10**



0	+	10	=	10
1	+	9	=	10
2	+	8	=	10
3	+	7	=	10
4	+	6	=	10
5	+	5	=	10
6	+	4	=	10
7	+	3	=	10
8	+	2	=	10
9	+	1	=	10
10	+	0	=	10

Can you recall all of the number bonds to ten?

## Computing

In computing this term, the children will learn about technology around us and digital painting. We will start by developing their understanding of technology and how it can help them in their everyday lives. They will start to become familiar with the different components of a computer. They will develop their understanding of a range of tools used for digital painting and use these tools to create their own digital paintings while gaining inspiration from a range of artists' work.



Scan the code for a fun number bond game.



Can you remember what each of these letters mean?

# Phonics

We are learning our Set 2 and 3 sounds. Scan the code to find out more about supporting phonics at home:



### Speed Sounds Set 2

ay may I play?	ee what can you see?	igh fly high	ow blow the snow	oo poo at the zoo
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### Speed Sounds Set 3

oo look at a book	ar start the car	or shut the door	air that's not fair	ir whirl and twirl
ea cup of tea	oi spoil the boy	ou shout it out	oy toy for a boy	
ā-e make a cake	ī-e nice smile	ō-e phone home	ū-e huge bride	aw yawn at dawn
are care and share	ur nurse with a purse	er a better letter	ow brown cow	ai snail in the rain
oa goat in a boat	ew chew the stew	ire fire, fire!	ear hear with your ear	ure sure it's pure

more about supporting phonics at home:

Practice reading these nonsense words using 'Special Friends, Fred Talk, Read the Word:

figh, larp, scoy, pord, heaf, plope, klape, sufe, toup, jowk, zearth, bewm

## Year 1

the  
a  
do  
to  
today  
of  
said  
says  
are  
were  
was  
is  
his  
has  
I  
you  
your

they  
be  
he  
me  
she  
we  
no  
go  
so  
by  
my  
here  
there  
where  
love  
come  
some

one  
ask  
friend  
school  
put  
push  
pull  
full  
house  
our

These are the common exception words in year 1. Can you practice writing them and as a super challenge put them into a sentence?

Superhero writers



# English

ABC



capital letters

finger spaces

full stops

read it again

keep your letters close together

When writing a sentence we must remember to use a capital letter at the beginning, finger spaces and a full stop at the end. Can you write a fantastic sentence using our new skill?

## History

Toys and games were very different in the past.

There was no electricity in the Victorian times. What do you think children played with?



WATCH ME!



## Reading Vipers

Vocabulary  
Infer  
Predict  
Explain  
Retrieve  
Sequence or Summarise

